



SAUNDERS HIGH SCHOOL JUNIOR CLASS NEWSLETTER

September/October 2023

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NAVIANCE

Naviance is a software program that lets schools track student progress, and easily send that information to colleges.

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NET PRICE CALCULATOR

The Net Price Calculator, which is available on a college's website, will provide specific financial aid and overall cost estimates for your prospective colleges.

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STARTING THE COLLEGE PLANNING PROCESS FOR PARENTS OF JUNIORS

Parents, as we navigate the journey through high school with your children, we believe it is crucial to begin discussing the college planning process. While college may seem distant, early preparation can greatly benefit your child's future. We would like to outline what both you and your students can do to prepare for this important step in their educational journey.

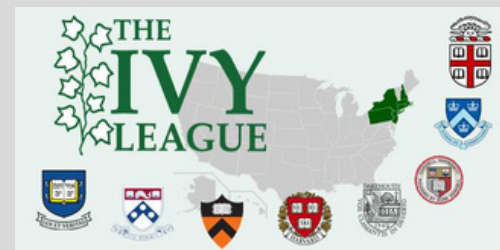
1. **Start Conversations:** Initiate open and honest discussions with your child about their aspirations and interests. Ask them about their goals and what they envision for their future.
2. **Explore College Options:** Begin researching colleges and universities together. Discuss the different types of institutions, majors, and locations. Encourage your child to attend college fairs and explore online resources.
3. **Financial Planning:** College can be expensive, so it's essential to start thinking about finances early. Research financial aid options, scholarships, and savings plans. Consider consulting with a financial advisor to create a plan.
4. **Support Academics:** Encourage your child to maintain good academic performance. Junior high school is a critical time for building a strong foundation for future coursework. Monitor their progress and seek help if needed.
5. **Extracurricular Activities:** Support your child's involvement in extracurricular activities that align with their interests and talents. This can enhance their college applications.
6. **Visit College Campuses:** Whenever possible, visit colleges with your child. Campus tours can help them get a feel for the environment and culture.



STARTING THE COLLEGE PLANNING PROCESS FOR JUNIORS

- 1. Self-Reflection:** Take some time to reflect on your interests, strengths, and goals. What subjects or activities do you enjoy? What are your career aspirations?
- 2. Academic Focus:** Stay committed to your studies and maintain a strong GPA. Build good study habits that will serve you well in high school and beyond.
- 3. Extracurricular Involvement:** Participate in clubs, sports, or volunteer activities that interest you. This not only enriches your high school experience but also strengthens your college applications.
- 4. Set Goals:** Begin setting academic and personal goals. What grades do you want to achieve? Are there specific colleges you're interested in?
- 5. College Research:** Explore colleges and universities online, attend college fairs, and speak to current college students or alumni. Gather information to help you make informed decisions.
- 6. Plan Ahead:** Think about the standardized tests you'll need to take, like the SAT or ACT. Consider when you should start preparing for these exams.
- 7. Seek Guidance:** Don't hesitate to reach out to your school counselors for advice and assistance throughout the college planning process.

Remember that the college planning journey is a marathon, not a sprint. Starting early and taking gradual steps will help reduce stress and ensure that both parents and students are well-prepared for this exciting chapter in their lives.



Harvard, Princeton,
UVA, Wellesley, and Yale
Virtual Information
Session
10/1/23

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FALL COLLEGE OPEN HOUSE DATES

College	Date	Time
Marist College	10/8/2023	11:00 AM
SUNY Cortland	10/9/2023	TBA
Sacred Heart University	10/9/2023	9:30 AM
SUNY Purchase	10/10/2023	8:30 AM
St. John's University	10/14/2023	10:00 AM
SUNY Albany	10/14/2023	10:00 AM
Mercy University	10/14/2023	10:15 AM
Fordham University (Lincoln Center)	10/14/2023	9:00 AM
Fordham University (Lincoln Center)	10/14/2023	12:00 PM
Pace University	10/15/2023	10:00 AM
Marsit College	10/15/2023	9:30 AM
Fordham University (Rose Hill)	10/15/2023	10:15 AM
SUNY Alfred State	10/21/2023	9:00 AM
SUNY Buffalo	10/21/2023	9:00 AM
SUNY Delhi	10/21/2023	9:00 AM
Sacred Heart University	10/21/2023	9:30 AM
Monroe College (New Rochelle)	10/21/2023	10:00 AM
Monroe College (Bronx)	10/21/2023	10:00 AM
SUNY Farmingdale	10/22/2023	11:00 AM
Mount St. Mary College	10/22/2023	10:00 AM
Manhattanville College	10/22/2023	9:30 AM
Manhattan College	10/29/2023	12:00 PM
Monroe College (New Rochelle)	11/4/2023	10:00 AM
Monroe College (Bronx)	11/4/2023	10:00 AM
St. John's University	11/5/2023	10:00 AM
SUNY Albany	11/5/2023	10:00 AM
SUNY Farmingdale	11/5/2023	11:00 AM
SUNY Cortland	11/10/2023	TBA
Mercy University	11/11/2023	10:15 AM
Marsit College	11/11/2023	9:30 AM
SUNY Purchase	11/11/2023	8:30 AM
Sacred Heart University	11/12/2023	9:30 AM
Manhattanville College	11/12/2023	9:30 AM
SUNY Delhi	12/2/2023	9:00 AM

JOIN US FOR IN-PERSON NYSACAC FALL COLLEGE FAIR

Wednesday, September 27

9 a.m.- 12 p.m. &

6:30 - 8:30 p.m.

Sarah Lawrence College

Bronxville, NY



Colleges Participating in the NYSACAC College Fair at Sarah Lawrence College

Wednesday, September 27 9 AM - 12 PM, 6:30 - 8pm (Last updated 9/19)

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| 1. Adelphi University | 36. Richmond American University London |
| 2. Agnes Scott College | 37. Rutgers University |
| 3. Alfred University | 38. Sacred Heart University |
| 4. Clarkson University | 39. St. Bonaventure University |
| 5. College of Mount Saint Vincent | 40. St. Francis College |
| 6. Cornell University | 41. St. John's University |
| 7. CUNY Lehman College | 42. St. Joseph's University, Brooklyn |
| 8. Delaware College of Art and Design | 43. Saint Leo University |
| 9. Fordham University | 44. SUNY Brockport |
| 10. Grand Canyon University | 45. SUNY University at Buffalo |
| 11. Hobart & William Smith Colleges | 46. SUNY Onondaga Community College |
| 12. Hofstra University | 47. SUNY Potsdam |
| 13. Houghton University | 48. SUNY Maritime |
| 14. Hult International Business School | 49. SUNY Morrisville |
| 15. Iona University | 50. SUNY New Paltz |
| 16. Ithaca College | 51. SUNY Oneonta |
| 17. Kean University | 52. SUNY Oswego |
| 18. Keuka College | 53. SUNY Stony Brook University |
| 19. Le Moyne College | 54. University of California, Berkeley |
| 20. Lehigh University | 55. University of Chester |
| 21. LIM College | 56. University of Florida |
| 22. Long Island University | 57. University of Minnesota |
| 23. Manhattan College | 58. University of New Haven |
| 24. Manhattanville College | 59. University of South Florida |
| 25. Marist College | 60. University of Tennessee |
| 26. Marywood University | 61. Wagner College |
| 27. Mercy College | 62. Western Connecticut State University |
| 28. Misericordia University | |
| 29. Molloy University | |
| 30. Mount Saint Mary College | |
| 31. Nazareth University | |
| 32. New England College | |
| 33. New York Institute of Technology | |
| 34. NYU School of Professional Studies | |
| 35. Nova Southeastern University | |